

**National workshop on**  
**“Varma Naadi Based Clinical Diagnosis”**  
**VNBCD-2010**

Dec 19<sup>th</sup> 2010

Venue at: ICSR building, Hall 3, IIT Madras.

Organized by

***International Varma Research Foundation(IVRF)***

***and***

***Touchlab***

**Biomedical Engineering Group  
Department of Applied Mechanics  
IIT Madras, Chennai — 600 036, INDIA**

VARMAM is a traditional medical system in India, particularly Tamilnadu in southern most part of India. The unique feature of this medical system is the knowledge of vital-points - points where energy is condensed - all over the physique. Diseases and disorders are treated by simply manipulating these vital points, using hands as the primary tool.

While varma is mainly known for martial arts its, diagnostic and therapaeutic values are not widely known. The objective of this oneday workshop is to emphasize on the diagnostic aspect of varma system, specifically using radial artery pulse(naadi).

The workshop will introduce varma naadi based diagnostic techniques, provide scientific validation of the varma naadi, clinical case studies and exposure to the biomedical instruments useful in varma system. The workshop will also include release of a software based varma naadi tutor.

The workshop consists of a set of lecture notes, companion CD and lab demonstrations. These will be supplemented by the lectures of various experts at the workshop. These notes are the efforts of the faculty / experts who have spent their valuable time. These materials will be of immense help for the participants during and after the workshop and for future clinical practices, references and research.

Who can attend: This workshop is aimed at researchers and students pursuing MD(S) and BSMS, and faculty from colleges pursuing research in Siddha and Varma. Biomedical engineering researchers are also encouraged to attend.

Enrollment will be restricted to 80 participants for the workshop. At the end of the workshop, participants will be provided with a certificate for attending.

The registration fee is Rs.500/- for U.G. Students, Rs.1000/- for P.G. Students, Rs.2000/- for private practitioners and employees, and Rs.5000/- for Industry. This fee is payable in advance by demand draft drawn in favour of “The Convenor, VNBCD-2010, IIT Madras”, Chennai(Courier / Reg. Post) payable at Chennai and should be mailed to “The convenor, IVRF, MSB-207, Department of Applied Mechanics, IIT Madras, CHENNAI-600036”, before December 10<sup>th</sup> 2010. For further details and queries please contact: [ivrf@iitm.ac.in](mailto:ivrf@iitm.ac.in), Ms.Yasodha +919952086320, 044-22574064, or visit <http://ivrf.iitm.ac.in>.

Email registration is acceptable, but the registration will be confirmed only after the receipt of DD.

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## REGISTRATION FORM

National workshop on  
“VARMA NAADI BASED CLINICAL DIAGNOSIS”  
VNBCD-2010

Name :

Designation :

Organisation Address :

Address for Communication:

Phone no:

Office :

Residence :

Mobile :

E-mail :

Registration fee details:

DD Number :

Bank name :

Date :

**Note: Accomodation will not be provided.**

Any other information :

Place:

Date :

Signature of the applicant